

Greener Holidays Sustainable Plants

Robert Hinson

Holiday Plants – Indoor Flowering



Poinsettia
The most common
holiday plant



Christmas Cactus
Easy to grow and blooms during the
holidays



Cyclamen
Usually from the greenhouse, but
a prolific bloomer

Holiday Plants – Outdoor Flowering



Christmas Rose

Not really a rose, but a low growing early season bloomer; great in the shade garden



Yuletide Camellia

An evergreen shrub; heavily hybridized; varying in height from 4-15' with many color variations

Rosemary
A great seasonal aromatic plant



Holiday Plants – Seasonal Shape



Rosemary

Increased popularity as a holiday plant grown and pruned to a conical shape



Carolina Sapphire Cypress

One of the fastest growing conifers; will grow 30-40' tall and 6-10' wide

Holiday Plants – Seasonal Shape

Emerald Green Arborvitae

Another evergreen; is more successful in more northern range but can also survive in North Carolina



Juniperus Chinesis “Blue Point”

An upright juniper with pyramidal shape and dense branching

Holiday Plants – Hollies

As you look for the evergreen plants and the red seasonal berries, the hollies take the prize!



Ilex "Nellie Stevens"
Grows 30' tall, 15' wide



Ilex "Emily Brunner"
Grows 20' tall, 10-15' wide

Holiday Plants – Hollies



Mahonia Bealei
Oops! That's not a holly.



Ilex Verticillata "Winter Red"
Don't forget the deciduous hollies, as their
berries are more proliferate

Greener Holidays

Sustainable Shopping Tips



Paula Stroup

Sustainable Shopping Tips

GENERAL:

Make your List and Check it Twice

- Prevent excessive purchasing

Recycled Product Content

- Especially post-consumer

Packaging

- Less wasteful

Reusable Shopping Bags

- Store incentives (Target, Whole Foods, etc.)
- Plastic bags (save 6 p/week = 312 p/year)



Sustainable Shopping Tips

GENERAL (pg. 2)

Buy Local

- Gift Cards
 - ✓ Downtown Raleigh gift cards, Local merchants
- Support Local Merchants
 - ✓ Avoid Shipping /Transportation
 - ✓ Locally Made Products

Transportation

- Combine Trips
- Carpool
- Alternate Transportation



Sustainable Shopping Tips

GIFTS: Consider Usefulness and Life of Gift

Homemade Gifts

- Baked Goods
- Sentimental Gifts
- New Gifts from Old Treasures

Antiques

- Special and meaningful

Reusable Bags filled with Sustainable Products

- Natural or Eco-friendly cleaning products
- Weatherization and energy efficient products
- LEDs or CFLs
- Organic Treats
- Refillable Water Bottles



Sustainable Shopping Tips

GIFTS: Consider Usefulness and Life of Gift (pg. 2)

Refillable Water Bottles filled with goodies

Charitable Organizations

- Gifts that support organizations, etc.

Charitable Donations

- For the person who has everything

Other

- Passes to parks, exhibits, etc.
- Gift cards
- Reusable bags
- Sustainable items



Sustainable Shopping Tips

WRAPPING:

Paper

- Recyclable
- Kraft paper
- Paper bags

Reuse Boxes, Ribbons, Bows, etc

- Collect now
- Create new items
- Donate

