

Winter/Spring 2014 Program Guide

Method Community Park

Preschool, Youth & Teen Programs

Art – Juggling for Genius

Age: 10yrs and up. Come join the only activity that has been proven to increase brain mass. Juggling can actually trigger that non-dominant side of the brain which can make you smarter and able to focus more. This course is a great stress reliever and excellent for students during test taking time. Course Fee: FREE

#151340 Mar 3-31 M 6:30-8:00pm

#151341 Apr 7-28 M 6:30-8:00pm

Dance: Modern, Jazz & Ballet and Lyrical & Hip Hop

Come explore the wonderful world of dance! Participants will have the opportunity to learn the fundamentals of modern dance, jazz & ballet and/or lyrical & hip hop. Creativity and artistic expression encouraged!

Course Fee: \$32

Modern: Ages 6-12 yrs.

#151433 Mar 5-26 W 5:00-6:00pm

#151434 Apr 2-30 W 5:00-6:00pm

Jazz & Ballet: Ages 6-12 yrs.

#151424 Mar 5-26 W 6:00-7:00pm

#151425 Apr 2-30 W 6:00-7:00pm

Lyrical & Hip Hop: Ages 12-16 yrs.

#151428 Mar 5-26 W 7:00-8:00pm

#151429 Apr 2-30 W 7:00-8:00pm

Egg Hunt- District 3 at Pullen Park

Age: 10 & Under

Come join your local community center for a fun-filled morning! Enjoy healthy treats and prizes. This is a free activity and pre-registration is not required.

Location for District 3: Pullen Park & Amusements

Course Fee: FREE

Recreation and Sports Camp

Age: 9-11yrs. Let your child spend his/her Spring Break being active. This is a noncompetitive recreation and sport camp for kids of all athletic abilities. This camp is geared towards exercise and movement, skill development, learning a variety of sports, team building skills and eliminating bullying through team play. Parents are responsible for a lunch and two snacks. Sneakers and comfortable athletic clothing must be worn.

Course Fee: \$125

#151499 Mar 31-Apr 4 M-F 9:00am-5:00pm

Homeschool Explorers

Age: 1yrs and up. A cooperative home school support group which provides social and educational activities. Minimum cost per family. For additional information, please visit the website at www.homeschoolexplorers.org or call the Method Community Center.

Jan 7 - April 29 T 11:30am-1:30pm

Kids Fun Friday

Age: 9-11yrs. Let us entertain your child(ren) with fun, fitness and creativity. This series of fun Fridays will include: recreation games, t-shirt design, survival bracelets, key chain design, treasure hunting, scrapbooking, card making and Cinco de Mayo activities. This is a great opportunity for social development while hanging out with old friends and meeting some new.

Course Fee: \$5

#152381 Mar 7 F 6:30-8:30pm

#152382 Apr 11 F 6:30-8:30pm

#152383 May 2 F 6:30-8:30pm

Basketball

RPD Summer League

Age: Juniors 13-14yrs. & Seniors 15-16
Method Center and the Raleigh Police Dept. in coordination with community centers throughout Raleigh offers youth basketball for ages 13-14 and 15-16 year olds. Registration will be at all city parks March 31-April 13. Each participant must provide a copy of birth verification before registering and must have insurance. League age is determined by the participants age as of July 31 of the current year. All games will be played at Method Community Center and practices will be at your local community center.

Course Fee: \$45 Resident & \$57 Non-Resident

Open Play 5-on-5 Tournament

Age: 13-15yrs. Who will be the last team standing? Bring a team of 5 or come in as an individual, sign in and participate in our organized open play tournament. March 7 is for ages 13-16 and March 14 is for 17 and older. A valid picture ID is required. Individual trophies awarded to the winners.

Course Fee: \$3

#151581 Mar 7 F 6:00-8:30pm

#151582 Mar 14 F 6:00-8:30pm



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

Method Community Park
514 Method Road, Raleigh, NC 27607
(919) 996-6066



Adult Programs

Basketball

Adult Lunch Time Open Play

Age: 18yrs and Up.

Join other active adults in playing basketball and staying healthy. Participants play full and half court pickup games. All skill levels are welcome. Bring your towel and be ready to sweat!

Jan 6-Apr 29 T, Th, F 10:00am-3:00pm

Basketball – Adult Spring League

Age: 21yrs and up. Adult Basketball League!

Registration is February 24-March 9, 2014 Teams can only have 12 players on a roster. Play begins the week of March 18. Closed (industrial) League and Open leagues A&B and C&D. First 6 teams per league. Each team guaranteed 12 games.

Course Fee: \$335

#151367 A/B Mar 17-May 7 M,W 7:00-9:00pm

#151368 C/D Mar 18-May 8 T,Th 7:00-9:00pm

Sunday Open Play

Age: All Ages.

Basketball players can come out and participate in a few friendly pick-up games of basketball. Participants play full and half court pickup games. All skill levels are welcome. Ages 12 & under must be accompanied by an adult.

Jan 5-Apr 27 Su 1:00pm-3:45pm

English as a Second Language (ESL) Clases de Ingles

Age: 18yrs and up. These classes are offered for beginner levels. Classes are designed for people that utilize a primary language other than English and are interested in learning important skills to communicate in English. Estas clases se ofrecen a nivel de principiantes. Las clases están diseñadas para gente que no habla inglés como su primer idioma y que están interesadas en aprender términos básicos para comunicarse en el idioma inglés.

Course Fee: FREE

#149200 Mar 6-Apr 10 Th 6:30-8:00pm

Intermediate Sewing

Age: 18yrs and up. This class is designed for those who already know how to sew but would like to learn more about sewing. You will also learn how to make many different projects in this class. Pre-registration is required. Please call ahead for a supply list. You are not required to bring your own sewing machine to this class.

Course Fee: \$60

#151467 Apr 8-29 T 6:00-8:00pm

Pickleball Play at Method

Explore the game of Pickleball while meeting new friends. It is an easy, fast-paced game that combines tennis, badminton and table tennis. We will teach you the rules of play and how to keep score. Courts are open for beginners and experienced players.

Course Fee: FREE

#158919 Mar 3-26 M,W 10:30am-2:30pm

#158920 Apr 7-30 M,W 10:30am-2:30pm

Soccer Adult Soccer Tournament

Age: 18yrs and up. Double elimination two day adult men's soccer tournament. First 6 teams to register April 1-14. Teams can only have 16 players on a roster.

Course Fee: \$400

#152405 Apr 26 Sa 8:00am-7:00pm &

Apr 27 Su 8:00am –1:00pm

Writer's Workshop I: Finding Your Story

Age: 18yrs and up. Have you always wanted to write a book. Everyone has a story (Fiction or Non-fiction). Learn how to organize, put on paper in book form, revise/edit and publish your story. 'Finding Your Story' will be the first of three workshop series on writing, editing and publishing a story.

Course Fee: \$28, Seniors 60 & up, \$15 class fee.

#151522 Apr 16 W 6:30-8:00pm

Writer's Workshop II: Revising/Editing

Age: 18yrs and up. Now that you have found your story, organized, and put it on paper, its time to revise and edit. This second part series will teach you how to revise and finalize to get your story ready for publishing.

Course Fee: \$28, Seniors 60 & up, \$15 class fee.

#151523 Apr 23 W 6:30-8:00pm

Writer's Workshop III: Publication

Age: 18yrs and up. This three part series will teach you how to do query letters, approach publishers, and finding publishing companies in the area for your story.

Course Fee: \$28, Seniors 60 & up, \$15 class fee.

#151524 Apr 30 W 6:30-8:00pm

Weight Room/Fitness Centers

Age: 18yrs and up. Check out the Method fitness room! Take advantage of the variety of cardiovascular and strength training equipment available and get into shape. The fitness room will be open during normal center operating hours. Participants must be 18 years of age or older. Please see staff for additional information.

Course Fee: \$12 a month

Hours: M-F 10:00am-9:00pm, Sa 9:00am-3:00pm & Su 1pm-6pm



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To view a complete list of programs pick up a Leisure Ledger or visit parks.raleighnc.gov and search keywords "Parks Publications".

