



Preschool

Tiny Tot Fitness

Age 3Y-5Y

Cost: \$30.00

This program teaches preschoolers the importance of physical fitness through games and recreation activities. Students will learn hand-to-eye & hand-to-foot coordination, follow instructions, how to follow instructions, colors, numbers and alphabets. It's so fun they don't realize they are learning.

#150885 March 20- April 24 Thursdays

Youth

Spring Hoops

Age 10Y – 12Y

Cost: \$25.00

A basketball league for ages 10, 11, and 12 year olds. This is an excellent opportunity to improve skills, develop Sportsmanship and participate in a safe, fun, friendly and competitive environment. Players may not turn 13 prior to August 31, 2014.

#150637 April 5 – May 24

Youth 3-on-3 Spring Tournament

Age 10Y-12Y

Cost: \$10/Per Participant

It's not traditional but it is as much fun, if you don't have a problem playing the game with two teammates. The game is played The same as traditional basketball. Tournament games officiated by officials. Teams may have a minimum of three players and a maximum of four. Don't bounce the idea until you have tried it.

Registration: March 1 – March 12

#150630 Begins Saturday March 22

Community Afterschool Programs (CAPS)

Age 5Y-12Y

Cost Free

The Community Afterschool Program is being offered at several local Community Centers for children K-6th grade following the Wake County Traditional school calendar. This program is designed to offer recreation activities, homework assistance, and arts & crafts. For registration information contact Roberts Park community center.

#130409 January 2014 – April 2014, Monday-Friday 3pm-6pm



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

RALEIGH PARKS, RECREATION AND CULTURAL RESOURCES DEPARTMENT

Roberts Community Center | 1300 E. Martin Street | Raleigh, NC 27610 | (919)831-6830

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Youth cont...

Body Language

Age 10Y-15Y

Cost Free

Most great leaders are greater communicators. This class teaches various communication styles. It's not always what you say but what your body language reveals. It is essential to know how to communicate effectively.

#150894 March 15 Saturday 12:00-1:00pm

Free Throw Competition

Age 8Y-14Y

Cost: \$2.00

Who will be crowned best free throw shooter? If you can shoot from the free throw line you can participate. The event is timed. You have to shoot 12 free throws in a manner of seconds. The highest scores advance. You have to outscore your competition to move to the next round. Trophy awarded to champion.

#150896 March 15 Saturday 12:00am-2:00pm

How To Own a Car Without A Driver License

Age 8Y-12Y

Cost: \$30.00

Put your hottest model car on display. May be you like the Lexus, Corvette, or even the Escalade. No matter which car you like, let's build it together. Instructor will purchase additional materials needed. Please come to class knowing which model car you would like to build.

#150891 April 12 Saturday 11:00am-12:00pm

How To Be Successful

Age 10Y-12Y

Cost: Free

This class is in honor of black history month. Minorities often don't have the same opportunities to be successful. This class teaches preteens and teens how to utilize various techniques to improve self esteem, develop self help skills, utilize refusal skills, handle peer pressure and confront daily challenges by simply changing the way the way you think and feel. Celebrate black history. Refreshments will be served.

#150892 February 22 Saturday 11:00am-1:00pm

Lights, Camera, and Popcorn

Age 5Y-14Y

Cost: Free

Yes, you can. Parents, drop the kids off and have some free time. Your kids will enjoy a great movie, refreshments and peers. We provide supervision. Your kids will be in a safe, clean and fun environment. Pizza and drinks served.

#150878 February 21 Friday 6:00pm-8:00pm

#150879 March 21 Friday 6:00pm-8:00pm

#150880 April 19 Saturday 12:00pm-6:00pm

Life Skills Next Series

Age 8Y-16Y

Cost: \$7.00

This programs arms youth with the skills that will last for a life time. Students will learn how to cope with daily challenges. In addition students will learn respect for self and others. This is where morals and manners meet. Refreshments served.

#150866 January 19 Saturday 3:00pm-5:00pm

#150867 February 16 Saturday 3:00pm-5:00pm

#150869 March 14 Saturday 3:00pm-5:00pm

#150868 April 20 Saturday 3:00pm-5:00pm

Wall Street Kids

Age 10Y-12Y

Cost: Free

This class teaches youth how to earn, save, budget and explore money producing avenues. In addition it teaches youth how to become entrepreneurs. Youth will learn that a business can be home-based providing supplemental or residual income or it can generate enough income to be self-employed.

#150661 January 11 Saturday 9:30am-11:00pm

#150662 February 8 Saturday 9:30am-11:00pm

#150663 March 8 Saturday 9:30am-11:00pm

#150664 April 19 Saturday 9:30am-11:00pm

Youth Entrepreneurship

Age 9Y-14Y

Cost: \$5.00

A class designed to help youngsters learn about money. Learn how to earn, save, budget and begin a business. It's never too soon to learn how to let your money work for you. You just may learn how to generate income at a young age. The bottom line is Cash Flow. The more cash flow the more freedom.

#150650 April 19 Saturday 10:00am-11:30pm

Teens**Ball Up Spring Hoops**

Age 13Y-14Y

Cost: \$30.00

A competitive basketball league for teens ages 13-14. Teens will learn basketball skills as well as character traits. Must not turn 15 prior to May 1 2014.

#150928 March 25 – May 1

O-U-T

Age: 13Y-14Y

Cost: Free

Not just your typical OUT game. This game is nothing but jump shots. What's your range? The best out of three is a winner!

#150930 March 8 Saturday 1pm -2pm

Adult**Roberts Park Fitness Center**

Age 18Y-Adult

Cost: \$10/per month

Check out the fitness rooms around the city! Take advantage of the variety of cardiovascular and strength training equipment available at Roberts Park and get into shape. The fitness rooms will be open during normal center operating hours.

Participants must be 18 years of age or older.

#151878 January 1-January 31 Monday-Sunday

#151879 February 1-February 28 Monday-Sunday

#151880 March 1-March 31 Monday-Sunday

#151881 April 1-April 30 Monday-Sunday

Kickball League

Age 18Y-90Y

Cost: \$150.00

You've tried basketball, and you've tried football, now let's try kickball! Let's play that elementary school favorite that brings back memories.

#150929 League Begins April 21- Games Played on Mondays and Thursdays

Feet Meet Sneeks

Age 40Y and Up

Cost : Free

A walking program. Your feet will be happy to contribute to your improved health. An inexpensive exercise program that provides both therapeutic and social benefits. One foot in front of the other and you are on your way to a healthier and happier life. Each Thursday in March and each Thursday in April.

#150642 March 6 Thursday 9:30am-10:30am

#150643 April 3 Thursday 9:30am-10:30am

Peter vs Paul

Age 18Y- Adult

Cost: \$5 / per participant

Do you find yourself having to rob Peter to pay Paul? If you continue to rob from one to pay the other you will never get out of debt. The government is not the only entity that has to make tough decisions. Budgeting should begin at home. This class is an introduction to earning, budgeting, saving and investing. Learn how to begin a business. It's time to get finances in order.

#150651 April 19 Saturday 10:00pm-2:30pm

Family

Mixed Martial Arts

Age: 5Y-70Y

Cost: \$45.00 / Per Month

A combination of Tae Kwon Do, Shotokan, Wing-Chun Fu and American Kick Boxing. Martial Arts works on character development and the building of confidence. Students will improve mental and physical health while learning self defense. We are promoting family involvement. Pay for two family members and the 3rd member is complimentary. Don't forget a family that kicks together stays together.

#150870 January 4- January 31 Tuesday 6:30pm-8pm and Saturday 11:00am-12:30pm

#150871 February 1- February 28 Tuesday 6:30pm-8pm and Saturday 11:00am-12:30pm

#150872 March 1- March 31 Tuesday 6:30pm-8pm and Saturday 11:00am-12:30pm

#157873 April 1- April 28 Tuesday 6:30pm-8pm and Saturday 11:00am-12:30pm

Proud To Be Me

Age: 5Y- 65Y

Cost: Free

Come join us for this celebration of black history. This is an interactive workshop. It offers something for everyone. Games, trivia questions, spoken history, performances and whatever you would like to contribute. Refreshments will be served. We will see you at the celebration.

#150895 February 20 6:00pm-8:00pm

Seniors

Senior Citizens Club

Age 55Y and up

Cost:Free

A social club for persons 55 and older. Activities include trips, educational and physical activities, banquets, movies, music, guest speakers, special events and more. An excellent way to make new friends and fulfill the need to belong.

#150626 January 3- January 31 Tuesday 10:30am-12pm

#150627 February 2-February 28 Tuesday 10:30am-12pm

#150628 March 4 -April 3 Tuesday 10:30am-12pm

#150629 April 1-April 24 Tuesday 10:30am-12pm

Seniors Bingo

Age 55 and up

Cost: \$2 for 3 cards

Spell B-I-N-G-O horizontally, vertically or diagonally and other ways sometimes. Win great prizes. Must be 55 to hollar Bingo. You can't win if you don't play. Refreshments provided.

#150646 January 21 Tuesday 12pm-1pm

#150647 February 18 Tuesday 12pm-1pm

#150648 March 18 Tuesday 12pm-1pm

#150649 April 15 Tuesday 12pm-1pm

Senior Weight Training

Age 55 and up

Cost: \$5/Per Month

A program designed to help persons 55 and older get into shape and tone those hidden muscles. Participants will feel better and meet new friends. Be prepared to receive many compliments on your new appearance.

#150887 January 7 Tuesday 1pm-2pm

#150888 February 4 Tuesday 1pm-2pm

#150889 March 4 Tuesday 1pm-2pm

#150890 April 1 Tuesday 1pm-2pm

