

BARWELL ROAD TRACK OUT X-PRESS PROGRAM – TRACK 4

December 30, 2019 – January 03, 2020



Monday, 12/30/2019

**SCHOOL HOLIDAY
(TRACK OUT PROGRAM CLOSED)**

Tuesday, 12/31/2019

**SCHOOL HOLIDAY
(TRACK OUT PROGRAM CLOSED)**

Wednesday, 01/01/2020

**SCHOOL HOLIDAY
(TRACK OUT PROGRAM CLOSED)**

Thursday, 01/02/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Art Room: Donut Snowmen	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	MP1: Passive Games	MP1: Imagination Stations and Board Games	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Art Room: Donut Snowmen		Gym A: Active Games		MP1: Passive Games		ASX Activities

Friday, 01/03/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Gym B: Active Games	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	Art Room: Winter Snowflakes	MP1: Imagination Stations and Board Games	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Gym B: Active Games		Gym A: Active Games		Art Room: Winter Snowflakes		ASX Activities



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCI/ NATURE/ TECH

BARWELL ROAD TRACK OUT X-PRESS PROGRAM – TRACK 4

January 6-10, 2020



Monday, 01/06/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Gym B: Active Games	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	MP1: Passive Games	MP1/Outside: Egg Drop Challenge	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Gym B: Active Games		Gym A: Active Games		MP1: Passive Games		ASX Activities

Tuesday, 01/07/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:15	1:15-2:00	2:00-5:00	5:00-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Art Room: Let's Make Snow!	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	MP1: Passive Games	Field Trip: Marbles Museum (2:30 PM - 4:30 PM) Pick Up Time: 2:00 PM Return Time: 5:00 PM *Please Wear Your Field Trip Shirt*	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Art Room: Let's Make Snow!		Gym A: Active Games		ASX Activities

Wednesday, 01/08/2020

	7:00-9:15	9:15-10:00	10:00-1:00	1:00-2:00	2:00-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Field Trip: Six Forks Station Cinema (10:30 AM - 12:30 PM) Pick Up Time: 10:00 AM Return Time: 1:00 PM *Please Wear Your Field Trip Shirt*	Hallway or Art Room: Lunch and Down Time	MP1: Imagination Stations and Board Games	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities					MP1: Passive Games		ASX Activities

Thursday, 01/09/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Gym B: Active Games	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	MP1: Passive Games	MP1: Imagination Stations and Board Games	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Gym B: Active Games		Gym A: Active Games		MP1: Passive Games		ASX Activities

Friday, 01/10/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Gym B: Active Games	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	Art Room: Mason Jar Snow-Globes	MP1: Imagination Stations and Board Games	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Gym B: Active Games		Gym A: Active Games		Art Room: Mason Jar Snow-Globes		ASX Activities



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCI/ NATURE/ TECH

BARWELL ROAD TRACK OUT X-PRESS PROGRAM – TRACK 4

January 13-17, 2019



Monday, 01/13/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-3:30	3:30-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Gym B: Active Games	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	Field Trip: Paint Your Pot (1:30 PM - 3:00 PM) Pick Up Time: 1:00 PM Return Time: 3:30 PM *Please Wear Your Field Trip Shirt*	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Gym B: Active Games			ASX Activities

Tuesday, 01/14/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Art Room: Marshmallow Igloos	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	MP1: Passive Games	MP1: Imagination Stations, Free Artistic Expression (for Thursday's Event)	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Art Room: Marshmallow Igloos		Gym A: Active Games		MP1: Passive Games		ASX Activities


Wednesday, 01/15/2020

	7:00-8:30	8:30-11:30	11:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities/ Snack	Field Trip: NC Museum of Natural Science (9:00 AM - 11:00 AM) Pick Up Time: 8:30 AM Return Time: 11:30 AM *Please Wear Your Field Trip Shirt*	Hallway or Art Room: Lunch and Down Time	Art Room: Tie Dye Milk	MP1: Imagination Stations, Free Artistic Expression (for Thursday's Event)	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities/ Snack					Gym A: Active Games		ASX Activities

Thursday, 01/16/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Gym B: Active Games	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	MP1: Passive Games	MP1: Barwell Road Art Galleria and Poetry Slam	Gym A: Active Games	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Gym B: Active Games		Gym A: Active Games		MP1: Passive Games		ASX Activities

Friday, 01/17/2020

	7:00-9:15	9:15-10:15	10:15-11:00	11:00-11:45	11:45-1:00	1:00-3:15	3:15-3:45	3:45-6:30
Berries (K-2)	BSX Activities	Multipurpose Room A/B: Morning Snack, Activity/Icebreakers & Assembly	Art Room: Shredded Snowmen	Gym A: Active Games	Hallway or Art Room: Lunch and Down Time	Barwell Rd. Theatre- The Lion King- 2019 (PG): 	Gym B: Large Group Active Games	ASX Activities
Apples (3-5+)	BSX Activities		Gym A: Active Games	Art Room: Shredded Snowmen				ASX Activities



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Barwell Road Track Out

Track 4 - Week 1



Field Trip Information!

There are no scheduled field trips for January 2nd or January 3rd.

Reminders

Bring daily

- 1 lunch
- 2-3 snacks
- Blanket or Towel (for Rest Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants



Barwell Road Track Out

Track 4 - Week 2



Field Trip Information!

Marbles Museum

201 E Hargett Street, Raleigh, NC 27601
919-834-4040

Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play!

Six Forks Station Cinemas

9500 Forum Drive, Raleigh, NC 27615
919-846-3904

Participants will get to enjoy a trip to the movies complete with popcorn & drink as they view a children's movie on the big screen!

Reminders

Bring daily

- 1 lunch
- 2-3 snacks
- Blanket or Towel (for Rest Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants

Barwell Road Track Out

Track 4 - Week 3



Field Trip Information!

Paint Your Pot

2755 NC Hwy 55, Cary, NC 27519
919-363-9333

At Paint Your Pot, campers will have the opportunity to design & paint their very own piece of pottery! Remember to wear appropriate clothes for painting! Pieces will be available to take home at the end of the week!

NC Museum of Natural Science

11 W Jones Street, Raleigh, NC 27601
919-870-7947

Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

Reminders

Bring daily

- 1 lunch
- 2-3 snacks
- Blanket or Towel (for Rest Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants