

MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

January 2nd – 6th, 2017 Theme: Disney Days



Monday, 01/02/2017



City Holiday (Programs Closed)



Tuesday, 01/03/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---------------------------------------|--|---------------------|-------------------------------------|---|---|---|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Gym: Alaskan Baseball | Art Project: Minions Magnets | Lunch and Down Time | Gym: Human Pinball | Dance and Drama: Functional Performance | Classroom: Afternoon Snack | Gym: Fire, Thunder, Lightning | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | Art Project: Minion Magnets | Gym: Alaskan Baseball | Lunch and Down Time | Classroom: Who's missing? | Dance and Drama: Functional Performance | Multipurpose 1: Afternoon Snack | Multipurpose A: Pictionary | ASX Activities |

Wednesday, 01/04/2017

| | 7:00-9:00 | 9:00-9:30 | 9:30-12:30 | 12:30-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---------------------------------|--|---------------------|----------------------------|----------------------------|---|-------------------------------------|----------------|
| Bazooka | BSX Activities | Classroom: Snack | NC Museum of History Leave Marsh Creek – 9:30am Time at Field trip – 10:00am-12:00pm Return to Marsh Creek – 12:30pm | Lunch and Down Time | Classroom: Mafia | Gym: Matball | Classroom: Afternoon Snack | Gym: Silent ball | ASX Activities |
| Juicy Fruit | BSX Activities | Multipurpose A: Snack | | Lunch and Down Time | Gym: Matball | Classroom: Mafia | Multipurpose 1: Afternoon Snack | Multipurpose A: Infection | ASX Activities |

Thursday, 01/05/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---------------------------------------|------------------------------------|---------------------|---|---|---|-------------------------------------|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Clinic: Diabetes Specialist | Gym: In the Zone | Lunch and Down Time | Science and Nature: Frozen Painting | Gym: Soccer | Classroom: Afternoon Snack | Gym: Infection | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Classroom: Brain Teasers | Lunch and Down Time | Gym: Soccer | Science and Nature: Frozen Painting | Multipurpose 1: Afternoon Snack | Multipurpose A: Telephone | ASX Activities |

Friday, 01/06/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-12:30 | 12:30-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|--|---------------------|------------------------------------|------------------------------|---|---|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Galaxy Fun Park Leave Marsh Creek – 10:00am Time at Field Trip – 10:30am-12:00pm Return to Marsh Creek – 12:30pm | Lunch and Down Time | Classroom: Who's Missing | Gym: Tortoise Tag | Classroom: Afternoon Snack | Multipurpose A: Telephone | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Lunch and Down Time | Gym: Tortoise Tag | Gym: Human Pinball | Multipurpose 1: Afternoon Snack | Gym: Fire, Thunder, Lightning | ASX Activities |

ARTS/CRAFTS
 FOOD EXPERIENCE
 DANCE / DRAMA / MOVEMENT
 FIELD TRIP
 CLINIC
 SCIENCE / NATURE

MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

January 9th – 13th, 2017 Theme: Disney Days



Monday, 01/09/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---------------------------------------|---------------------------------------|---------------------|---------------------------------------|-------------------------------------|---|--|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Clinic: Diabetes Specialist | Gym: Hockey | Lunch and Down Time | Art Project: OLAF Cup Craft | Multipurpose A: GAGA Ball | Classroom: Afternoon Snack | Gym: Four Corners | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Art Project: OLAF Cup Craft | Lunch and Down Time | Multipurpose A: GAGA Ball | Gym: Hockey | Multipurpose 1: Afternoon Snack | Multipurpose A: Four Corners | ASX Activities |

Tuesday, 01/10/2017

| | 7:00-9:00 | 9:00-9:30 | 9:30-12:30 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---|---------------------|--------------------------------------|--------------------------------------|---|--|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Marbles Kids Museum Leave Marsh Creek – 9:30am Time at Field Trip – 10:00am-12:00pm Return to Marsh Creek – 12:30pm | Lunch and Down Time | Classroom: Disney Scene it | Gym: Minute Jogging | Classroom: Afternoon Snack | Gym: Zip, Zip, Zonk | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Lunch and Down Time | Gym: Minute Jogging | Classroom: Disney Scene it | Multipurpose 1: Afternoon Snack | Multipurpose A: Zip, Zip, Zonk | ASX Activities |

Wednesday, 01/11/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---|---|---------------------|--|--|---|--|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Dance and Drama: Rewrite a Disney Movie | Gym: Sideline Basketball | Lunch and Down Time | Gym: Captain Midnight | Science and Nature: Buzz Lightyear's Spaceship | Classroom: Afternoon Snack | Multipurpose A: Poison Dart frog | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | Gym: Sideline Basketball | Dance and Drama: Rewrite a Disney Movie | Lunch and Down Time | Science and Nature: Buzz Lightyear's Spaceship | Gym: Captain Midnight | Multipurpose A: Afternoon Snack | Gym: Poison Dart frog | ASX Activities |

Thursday, 01/12/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---------------------------------------|---|---------------------|-----------------------------------|-----------------------------------|---|------------------------------------|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Clinic: Diabetes Specialist | Gym: Indy Five Hundred | Lunch and Down Time | Multipurpose: Entourage | Gym: Quidditch Handball | Classroom: Afternoon Snack | Gym: What am I? | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Multipurpose A: Indy Five Hundred | Lunch and Down Time | Gym: Quidditch Handball | Multipurpose: Entourage | Multipurpose 1: Afternoon Snack | Multipurpose: What am I? | ASX Activities |

Friday, 01/13/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-12:30 | 12:30-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|--|---------------------|-----------------------------------|-----------------------------------|---|---|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Buffalo Lanes Leave Marsh Creek – 10:00am Time at Field Trip – 10:30am-12:00pm Return to Marsh Creek – 12:30pm | Lunch and Down Time | Gym: European Dodgeball | Multipurpose A: Flinch | Classroom: Afternoon Snack | Multipurpose A: Ultimate Simon Says | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Lunch and Down Time | Multipurpose A: Flinch | Gym: European Dodgeball | Multipurpose 1: Afternoon Snack | Gym: Ultimate Simon says | ASX Activities |

ARTS/CRAFTS
 FOOD EXPERIENCE
 DANCE / DRAMA / MOVEMENT
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 CLINIC
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MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

January 16th – 20th, 2017 Theme: Disney Days



Monday, 01/16/2017



City Holiday (Programs Closed)



Tuesday, 01/17/2017

| | 7:00-9:30 | 9:30-10:30 | 10:30-1:00 | 1:00-2:00 | 2:00-2:45 | 2:45-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---|---------------------|------------------------------------|------------------------------------|---|--|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | <u>NC Museum of Art</u> Leave Marsh Creek – 10:30am Time at Field Trip – 11:00am-12:30pm Return to Marsh Creek – 1:00pm | Lunch and Down Time | Classroom: Disney Trivia | Gym: Baseball | Classroom: Afternoon Snack | Multipurpose A: Ghost in the graveyard | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Lunch and Down Time | Gym: Baseball | Classroom: Disney Trivia | Multipurpose 1: Afternoon Snack | Gym: Ghost in the graveyard | ASX Activities |

Wednesday, 01/18/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30-2:30 | 2:30-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---------------------------------------|--|---------------------|--|--|---|--|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Clinic: Diabetes Specialist | Food Experience: Olaf Apples | Lunch and Down Time | Gym: Baseball | Science and Nature: Make Flubber | Classroom: Afternoon Snack | Gym: Doggy, Doggy, Where's my bone? | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Food Experience: Olaf Apples | Lunch and Down Time | Science and Nature: Make Flubber | Gym: Baseball | Multipurpose 1: Afternoon Snack | Multipurpose A: Doggy, Doggy, Where's my bone? | ASX Activities |

Thursday, 01/19/2017

| | 7:00-9:30 | 9:30-10:30 | 10:30 -1:00 | 1:00-2:00 | 2:00-2:45 | 2:45-3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|--|---------------------|---|---|---|----------------------------------|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | <u>Jellybeans (Cary)</u> Leave Marsh Creek – 10:30am Time at Field Trip – 11:00am-12:30pm Return to Marsh Creek – 1:00pm | Lunch and Down Time | Art Project: Blossom Tree | Multipurpose A: Interactive Story | Classroom: Afternoon Snack | Gym: Name 6 | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | | Lunch and Down Time | Multipurpose A: Interactive Story | Art Project: Blossom Tree | Multipurpose 1: Afternoon Snack | Multipurpose A: Name 6 | ASX Activities |

Friday, 01/20/2017

| | 7:00-9:30 | 9:30-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:30 | 1:30- 3:30 | 3:30-4:00 | 4:00-4:30 | 4:30-6:30 |
|--------------------|----------------|---|---|---|---------------------|--|---|---|----------------|
| Bazooka | BSX Activities | Classroom: Snack and Assembly | Gym: Fitness Monopoly | Classroom: List it A-Z Disney | Lunch and Down Time |  Holiday Party  | Classroom: Afternoon Snack | Multipurpose A: Concentration | ASX Activities |
| Juicy Fruit | BSX Activities | Classroom: Snack and Assembly | Classroom: List it A-Z Disney | Gym: Fitness Monopoly | Lunch and Down Time | | Multipurpose 1: Afternoon Snack | Gym: Concentration | ASX Activities |

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Marsh Creek Track Out

Track 4 - Week 1



Field Trip Information!

NC Museum of History

5 East Edenton Street, Raleigh, NC 27601
919-807-7947

Campers will get up close and personal with North Carolina history through various cultural, sports, military & agricultural exhibits!

Galaxy Fun Park

14460 Falls of Neuse Road, Raleigh, NC 27614
919-584-4000

Galaxy Fun Park is an indoor facility filled with tons of exciting activities for kids of all ages! Campers will have unlimited play time on the trampolines, Laser Tag & soft play areas!

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Complete online field trip waiver for Galaxy Fun Park

Remember Green & White Key Tag and/or Photo ID when picking-up participants

Marsh Creek Track Out

Track 4 - Week 2



Field Trip Information!

Marbles Museum

201 E Hargett Street, Raleigh, NC 27601
919-834-4040

Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play!

Buffaloe Lanes North

5900 Oak Forest Drive, Raleigh, NC 27616
919-876-5681

Campers will get to try out their bowling skills! **PLEASE WEAR SOCKS** - Shoes are included in the price!

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember Green & White Key Tag and/or Photo ID when picking-up participants

Marsh Creek Track Out

Track 4 - Week 3



Field Trip Information!

NC Museum of Art

2110 Blue Ridge Road, Raleigh, NC 27609
919-664-6820

Campers will get a close-up view of paintings, sculptures and artifacts as they tour the Museum! Art from around the world can be found in various indoor exhibits including Ancient Egypt, African and European, as well as large-scale sculptures placed along the Museum Park's walking trail.

Jellybeans (Cary)

1120 Buck Jones Road, Raleigh, NC 27606
919-467-5283

Please wear socks! Participants will enjoy a roller skating session filled with fun music & lighting!

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember Green & White Key Tag and/or Photo ID when picking-up participants