



# Adult Program Trip

## Lake Mattamuskeet, NC

### Wednesday, January 13, 2016

**Do you love wildlife and nature? Then you won't want to miss this trip to Lake Mattamuskeet.** We will be leaving from Anne Gordon Active Adult Center at Millbrook Exchange Park (1901 Spring Forest Road) at 7:00am.

This trip is perfect for nature lovers! Two staff from the NC Museum of Natural Sciences will join us to help make this an interesting and educational experience. You will be able to see most things without getting off the bus. See all kinds of wildlife and waterfowl, possibly including bear, deer, raccoon, wolves, snow geese and several different kinds of diving ducks. You will be surrounded by beautiful landscape throughout the area. One of the last stops will be to a field where the snow geese gather at sunset to feed. The field turns white with the mass number of geese covering the landscape. Watch as those on the ground fly up to meet an arriving group and then they all swirl down to the ground, looking like a tornado funnel. There will be stops with optional short walks close to the bus, if you want to do them. Depending on the status of the roads within the park we may not be able to access some areas with the bus, which would require a few extra walks to see some sites.

We will have a fast food breakfast and dinner stop enroute. There is not a dining area or a place to buy snacks at the site. Please bring snacks, drinks and a bag lunch to be eaten during our drive through the park. Wear warm, comfortable layers of clothing because it can get cold there, and shoes that can get wet or muddy. Don't forget your binoculars and camera. The group will arrive back at the Anne Gordon Center in Raleigh at approximately 10:00pm.

**Price:**

\$76.00 City of Raleigh Resident

\$91.00 Non-City of Raleigh Resident

**Price Includes:**

Transportation via charter bus, NC Museum of Natural Sciences guided education information. Meals are on your own.

**Patron Expectations:**

This trip has a moderate/high volume of walking expected, including some steps and uneven paths with loose bricks and gravel. Patrons must be able to keep to the scheduled timeline of the trip. Please remember there is no one-on-one assistance provided by the escorts.

**Cancellation Policy:**

Cancellations must be made, in writing, at least 14 days prior to trip departure date to receive a refund. Full or partial refunds will be made only if a replacement can be found, and are subject to non-refundable expenses incurred by the Department. If the Department cancels a trip, a full refund will be given.

**To register return the bottom portion of the back page with payment to:**

Anne Gordon Center for Active Adults *Adult Program*  
1901 Spring Forest Road, Raleigh, NC 27615



**RALEIGH** Parks,  
Recreation and  
Cultural Resources  
parks.raleighnc.gov

**Five Point Center for Active Adults**

919-996-4730

**Anne Gordon Center for Active Adults**

919-996-4720



**Price:**  
\$76.00 City of Raleigh Resident                      \$91.00 Non-City of Raleigh Resident

**Price Includes:** Transportation via charter bus, NC Museum of Natural Sciences guided education information.  
Meals are on your own.

**Patron Expectations:** This trip has a low/moderate volume of walking expected, including some steps and paths with loose bricks and gravel. This facility is not wheelchair accessible. Patron must be able to keep to the scheduled timeline of the trip. Please remember there is no one-on-one assistance provided by the escorts.

**Cancellation Policy:** Cancellations must be made, in writing at least 14 days prior to trip departure date to receive a refund. Full or partial refunds will be made only if a replacement can be found, and are subject to non-refundable expenses incurred by the Department. If the Department cancels a trip, a full refund will be given.

**Make checks payable to:** City of Raleigh

**To Register: Complete the form below and return with full payment to:**

Anne Gordon Center for Active Adults *Adult Program*  
1901 Spring Forest Road  
Raleigh, NC 27615

**For Additional Information Contact:** Adult Program Staff at 919-996-4730 or 919-996-4720

Keep top portion for your records

---

**Lake Mattamuskeet, NC Wednesday, January 13, 2016**

I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, and musculoskeletal injuries, among others. I choose for myself or for my child to participate in the selected programs despite the risks.

By signing the Program Registration form, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the teachers and supervisors of the program.

In return for the opportunity to participate in this program, I agree for myself and for my heirs, assigns, executors, and administrators to release, waive, and discharge any legal rights I may have to seek payment or relief of any kind from the City, its employees or its agents for injury, illness, or death resulting from this program. If I am registering a child for a program, I agree that I am a parent, legal guardian, or am otherwise responsible for the child whose application I am submitting and that I release, waive, and discharge any legal rights that I may assert on behalf of the child participation in the program. I also agree not to sue the City, its employees, or its agents and agree to indemnify the City for all claims, damages, losses, or expenses, including attorney's fees, if a suit is filed concerning an injury, illness, or death to me or to my child resulting from participation in the program

**Signature of participant**

Date signed

SIGNATURE
DATE

SIGNATURE
-----------

Name of Participant \_\_\_\_\_ Roommate: \_\_\_\_\_ N/A \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Work/Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

**I understand that there is no one-on-one assistance provided by Raleigh PRCR Adult Program Staff**

**Initial**

INITIALS
----------

Payment by Credit Card (check one):  Visa     MasterCard     American Express

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name as it appears on the credit card: \_\_\_\_\_

Amount to be Charged: \_\_\_\_\_ Signature: \_\_\_\_\_ Todays Date: \_\_\_\_\_

**NON-DISCRIMINATION POLICY:** The City of Raleigh does not discriminate on the basis of race, color, national origin, sex, religion, sexual orientation or disability in employment opportunities or the provision of services, programs or activities. A participant alleging discrimination on the basis of the aforementioned areas may file a complaint with either the Director of Raleigh Parks and Recreation Department or the Office of Equal Employment, US Dept. of the Interior, Washington, DC, 20240. The Raleigh Parks and Recreation Department will attempt to provide reasonable accommodations for program participants when the need or accommodation is requested in advance. To ensure a medically safe and appropriately planned program, please list (optional) any special needs or precautions which may require program accommodations for participation (i.e. visual or hearing impairment, mental or physical disability, heart condition, history of seizures, allergies, communicable diseases, diabetes, hemophilia, asthma, etc.):

---