

# Signaling & First Aid



## Learn to save a Life!

Would you know what to do if you were stranded in the woods? An instructor will teach you signaling and first aid so you can communicate and provide wound care in the back country. This is a hands-on, fun program that takes place entirely outdoors for a more realistic experience. Please dress appropriately for the outdoors with closed toe shoes and weather appropriate clothing.

### Date:

Sat. June 25, 2016  
9AM– 12PM

### Ages:

8–12 years

### Location: Lake Wheeler

6404 Lake Wheeler Road, Raleigh, NC 27603

### Fee: \$10

### How to Prep:

- Wear weather appropriate clothing
- Bring water bottle
- Pre-apply sunscreen
- Wear a hat for sun protection
- Bring pad and pen for notes



**RALEIGH** Parks,  
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Cultural Resources  
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Raleigh, NC 27603

