

2015—2016

Wake County  
Special  
Olympics  
North Carolina



**WAYS YOU CAN SUPPORT SOWC**

**Check with your employer.**

Does your employer give time or credit when employees volunteer with non-profit organizations? Many also match gifts for donations made by their employees. Need an idea for a team building exercise? Volunteer as a group for one of our events!

**Involve your church or civic organization.**

Does your group offer support to non-profits? Would you be willing to help recruit volunteers from your group to assist our efforts?

**Make a donation.**

Any donation you are willing to make is tax deductible. 100% goes to the training and competition expenses of our athletes. Checks can be made out to Special Olympics and sent to our address.

**Be a Coach!**

We are always looking for dedicated individuals to help as coaches for our seasonal sports competitions! Coaches assist athletes with weekly training and attend regional and state level competitions. Times & locations vary sport to sport. Please contact our office if you are interested in coaching.

**Fall Sports:** Bocce, Golf, Roller Skating, Soccer and Tennis.

**Winter/Spring Sports:** Alpine Ski/Snowboard, Aquatics, Basketball, and Ice Skating

**Spring/Summer Sports:** Athletics (Track & Field), Bowling, Cheerleading, Power Lifting, Softball, and Volleyball.

*\*Volunteers must be at least 16 years old to serve as an assistant coach and 18 years old to serve as a head coach.*

# Volunteer Information



## Welcome to another season of competition with Special Olympics Wake County!

Large numbers of volunteers are needed to help make our local competitions a success. Each year we are delighted and inspired by the enthusiasm and dedication of our volunteers. Volunteers fill positions such as awards presenters, concessions, event officials and athlete escorts. We cannot provide the athletes with the high quality of training and events without the valued support of volunteers like you!

**Interested in Volunteering?** Fill out the information below, check the events at which you wish to volunteer and return this form to us (our contact information is at the bottom of the page).

Name: \_\_\_\_\_ Group (if App): \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Preferred Role(s) (not guaranteed): \_\_\_\_\_

*\*Volunteers must be a minimum of 15 years of age to serve in a limited capacity (no direct athlete supervision). Volunteers 16 years and older can serve without restrictions. An adult volunteer may have one child age 11-14 accompany them to an event.*

## 2015—2016 Event Schedule: ✓

Date:	Time:	Event:	Location:	
11/12/15	9:30a-1:00p	Basketball Skills Mid-High School Students	Green Road Community Center 4201 Green Rd, Raleigh	
11/13/15	9:30a-1:00p	Basketball Skills Elementary School Students	Green Road Community Center 4201 Green Rd, Raleigh	
11/18/15	9:30a-1:00p	Basketball Skills Mid-High School Students	Bond Park Community Center 801 High House Rd, Cary	
11/19/15	9:30a-1:00p	Basketball Skills Elementary School Students	Bond Park Community Center 801 High House Rd, Cary	
12/1/15	9:30a-1:00p	Basketball Skills Mid-High School Students	Laurel Hills Community Center 3808 Edwards Mill Rd, Raleigh	
12/3/15	9:30a-1:00p	Basketball Skills Elementary School Students	Laurel Hills Community Center 3808 Edwards Mill Rd, Raleigh	
4/20/16	9:30a-1:00p	Spring Games Mid-High School Students	Ravenscroft 7409 Falls Of Neuse Rd, Raleigh	
4/21/16	9:30a-1:00p	Spring Games Elementary School Students	Ravenscroft 7409 Falls Of Neuse Rd, Raleigh	
5/4/16	9:30a-1:00p	Spring Games Mid-High School Students	Cary Academy 1500 N Harrison Ave, Cary	
5/5/16	9:30a-1:00p	Spring Games Elementary School Students	Cary Academy 1500 N Harrison Ave, Cary	

**Special Olympics Wake County**

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