

BARWELL ROAD TRACK OUT X-PRESS PROGRAM – TRACK 4

January 2-6, 2017



Monday, 01/02/2017

City Holiday (Programs Closed)

Tuesday, 01/03/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Dance/Drama: Freeze Dance & Do you love your neighbor?	Gym A: Knockout and Sideline Basketball	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Classroom A/B: Ultimate Silent Ball	Gym A: Crocodile Island	Food Experience: Reindeer Cupcakes and Holiday Helper Skewers!	ASX Activities
Group 2	BSX Activities									ASX Activities

Wednesday, 01/04/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:15	1:15-2:00	2:00-5:00		5:00-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Science/Nature: Elephant Toothpaste (What's a catalyst?)	Classroom A/B: Ghost in the Graveyard and What's Different?	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Field Trip: NC Museum of History 2:30 PM - 4:30 PM Pick up time: 2:00 PM Return time: 5:00 PM		ASX Activities
Group 2	BSX Activities								ASX Activities

Thursday, 01/05/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Art Project: Theatre Masks for the Acting Clinic!	Gym A: Personal Pinball and Spiderball	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Gym A: Capture the Flag	Dance Room: Fire on the Mountain and Simon Says...	Gym A: Steal the Bacon	ASX Activities
Group 2	BSX Activities									ASX Activities

Friday, 01/06/2017 (Note: Please be sure that you completed the online waiver for today's field trip)

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-4:30		4:30-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Gym A: CHOICE PLAY/ STATIONS	Classroom A/B: Fuse Bead Art	Classroom A/B: Lunch and Down Time	Clinic: Acting Skills and Improvisation with Ms. Aneisha	Field Trip: Galaxy Fun Park 2:30 PM - 4:00 PM Pick up time: 2:00 PM Return time: 4:30 PM		ASX Activities
Group 2	BSX Activities								ASX Activities

ARTS/CRAFTS
 FOOD EXPERIENCE
 DANCE / DRAMA / MOVEMENT
 FIELD TRIP
 CLINIC
 SCI/ NATURE/ TECH

BARWELL ROAD TRACK OUT X-PRESS PROGRAM – TRACK 4

January 9-13, 2017



Monday, 01/09/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Art Project: Soda Bottle Trees and Cherry Blossoms	Gym A: Poop Deck and Modified Cross the Ocean	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Classroom A/B: Gaga Ball	Dance/Drama: Mingle and Musical Chairs	Gym A: Catch Up	ASX Activities
Group 2	BSX Activities									ASX Activities

Tuesday, 01/10/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:15	1:15-2:00	2:00-5:00		5:00-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Science/Nature: Building DNA/ Strawberry DNA extraction	Gym A: Dead Ants and Captain Midnight	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Field Trip: Marbles Museum 2:30 PM - 4:30 PM Pick up time: 2:00 PM Return time: 5:00 PM		ASX Activities
Group 2	BSX Activities								ASX Activities

Wednesday, 01/11/2017 (Note: Barwell Road Elementary and Walnut Creek Elementary attend school on this day)

	7:00-9:00	9:00-10:00	10:00-10:30	10:30-12:30		12:30-1:30	1:30-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Gym: Shipwreck	Field Trip: Pullen Park 11:00 AM – 12:00 PM Pick up time: 10:30 AM Return time: 12:30 PM		Classroom A/B: Lunch and Down Time	Clinic: Checkers Tournament	Gym: Color Guard	Classroom A/B: Board & Card Games	ASX Activities
Group 2	BSX Activities									ASX Activities

Thursday, 01/12/2017 (Note: Barwell Road Elementary and Walnut Creek Elementary attend school on this day)

	7:00-9:00	9:00-10:00	10:00-10:30	10:30-1:00		1:00-1:30	1:30-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Classroom A/B: Lists Galore	Field Trip: NC Art Museum 11:00 AM - 12:30 PM Pick up time: 10:30 AM Return time: 1:00 PM		Classroom A/B: Lunch and Down Time	Gym: If the Shoe Fits & The Best Of...	Art Project: Heart Penguins	Dance Room: Flutter	ASX Activities
Group 2	BSX Activities									ASX Activities

Friday, 01/13/2017 (Note: Barwell Road Elementary and Walnut Creek Elementary attend school on this day)

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Playground: Kickball Dance Room: Ducks Fly	Classroom A/B: SOS	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Gym: Obstacle Course	Dance Room: Celebrities	Gym B: POP!	ASX Activities
Group 2	BSX Activities									ASX Activities

ARTS/CRAFTS	FOOD EXPERIENCE	DANCE / DRAMA / MOVEMENT	FIELD TRIP	CLINIC	SCI/ NATURE/ TECH
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BARWELL ROAD TRACK OUT X-PRESS PROGRAM – TRACK 4

January 16-20, 2017



Monday, 01/16/2017

City Holiday (Programs Closed)

Tuesday, 01/17/2017 (Note: Barwell Road Elementary and Walnut Creek Elementary attend school on this day)

	7:00-9:00	9:00-10:00	10:00-10:30	10:30-1:00	1:00-1:30	1:30-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Classroom A/B: Spot It Challenge	Field Trip: Buffalo Lanes 11:00 AM - 12:30 PM Pick up time: 10:30 AM Return time: 1:00 PM	Classroom A/B: Lunch and Down Time	Dance Room: Toy Story	Classroom A/B: Jeopardy	Gym A: Cross Fire	ASX Activities
Group 2	BSX Activities								ASX Activities

Wednesday, 01/18/2017 (Note: Barwell Road Elementary and Walnut Creek Elementary attend school on this day)

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Art Project: Balloon Castles	Gym: Castle Pop & Castle Ball	Classroom A/B: Lunch and Down Time	Playground: Outdoor Choice Play (Weather Permitting)	Classroom A/B: Balloon Ball	Dance Room: Emotional Relay	Gym B: Protect the President	ASX Activities
Group 2	BSX Activities									ASX Activities

Thursday, 01/19/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:15	1:15-2:30	2:30-5:00	5:00-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Science/Nature: Rock Candy (Crystal Formation)	Classroom A/B: Good Morning Mr. Judge & Front, Back, Left, Right	Classroom A/B: Lunch and Down Time	Gym A: Crab Soccer and Sideline Soccer	Field Trip: Jellybeans (Cary) 3:00 PM - 4:30 PM Pick up time: 2:30 PM Return time: 5:00 PM	ASX Activities
Group 2	BSX Activities							ASX Activities

Friday, 01/20/2017

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Group 1	BSX Activities	Classroom A/B: Morning Snack, Activity/Icebreaker & Assembly	Art Project: Duct Tape Emoji Bookmarks	Dance Room: Questions Only, Sausage & NASCAR	Classroom A/B: Lunch and Down Time	Popcorn and a Movie! Movie: Wreck It Ralph (PG) 	Dance/Drama: Musical Statues	Gym A: Mat Ball	ASX Activities
Group 2	BSX Activities								ASX Activities

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Barwell Road Track Out

Track 4 - Week 1



Field Trip Information!

NC Museum of History

5 East Edenton Street, Raleigh, NC 27601
919-807-7947

Campers will get up close and personal with North Carolina history through various cultural, sports, military & agricultural exhibits!

Galaxy Fun Park

14460 Falls of Neuse Road, Raleigh, NC 27614
919-584-4000

Galaxy Fun Park is an indoor facility filled with tons of exciting activities for kids of all ages! Campers will have unlimited play time on the trampolines, Laser Tag & soft play areas!

Other Important Information

We are a recreation based program that also completes a variety of food and art projects. Therefore, we advise you to send your child in clothing that is appropriate for these activities. Lastly, we would encourage you to sign up for the REMIND application and join our group! This will allow you to stay aware of the latest program news. Please ask Travis or Aneisha for more information. Thanks!

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Complete the online waiver for Galaxy Fun Park!

Remember Green & White Key Tag and/or Photo ID when picking-up participants

Barwell Road Track Out

Track 4 - Week 2



Field Trip Information!

Marbles Museum

201 E Hargett Street, Raleigh, NC 27601
919-834-4040

Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play!

NC Museum of Art

2110 Blue Ridge Road, Raleigh, NC 27609
919-664-6820

Campers will get a close-up view of paintings, sculptures and artifacts as they tour the Museum! Art from around the world can be found in various indoor exhibits including Ancient Egypt, African and European, as well as large-scale sculptures placed along the Museum Park's walking trail.

Other Important Information

We are a recreation based program that also completes a variety of food and art projects. Therefore, we advise you to send your child in clothing that is appropriate for these activities. Lastly, we would encourage you to sign up for the REMIND application and join our group! This will allow you to stay aware of the latest program news. Please ask Travis or Aneisha for more information. Thanks!

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember Green & White Key Tag and/or Photo ID when picking-up participants

Barwell Road Track Out

Track 4 - Week 3



Field Trip Information!

Buffaloe Lanes North

5900 Oak Forest Drive, Raleigh, NC 27616
919-876-5681

Campers will get to try out their bowling skills! PLEASE WEAR SOCKS - Shoes are included in the price!

Jellybeans

1120 Buck Jones Road, Raleigh, NC 27606
919-467-5283

Please wear socks! Participants will enjoy a roller skating session filled with fun music & lighting!

****Other Important Information****

We are a recreation based program that also completes a variety of food and art projects. Therefore, we advise you to send your child in clothing that is appropriate for these activities. Lastly, we would encourage you to sign up for the REMIND application and join our group! This will allow you to stay aware of the latest program news. Please ask Travis or Aneisha for more information. Thanks!

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember Green & White Key Tag and/or Photo ID when picking-up participants