

# BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF November 14<sup>th</sup> – November 18<sup>th</sup>



### Monday, November 14<sup>th</sup>:

|         |                |                  |                                 |                    |                  |                                 |                                 |             |                         |                |
|---------|----------------|------------------|---------------------------------|--------------------|------------------|---------------------------------|---------------------------------|-------------|-------------------------|----------------|
|         | 7:00-9:00      | 9:00-10:00       | 10:00-11:00                     | 11:00-12:00        | 12:00-1:00       | 1:00-1:45                       | 1:45-2:30                       | 2:30-3:00   | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | Snack/ TOX Rules | Playground (Weather Permitting) | Flinch/ Stone Face | Lunch/ Down Time | Computers                       | Art Project: Straw Eiffel Tower | Dragon Ball | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ TOX Rules | Playground (Weather Permitting) | Stone Face/ Flinch | Lunch/ Down Time | Art Project: Straw Eiffel Tower | Computers                       | Dragon Ball | Snack/ Terminal Station | Merge with ASX |

### Tuesday, November 15<sup>th</sup>: Please wear field trip shirt and comfortable shoes.

|         |                |  |  |  |                  |                |                |                    |                         |                |
|---------|----------------|--|--|--|------------------|----------------|----------------|--------------------|-------------------------|----------------|
|         | 7:00-9:30      | 9:30-12:30   |  |  | 12:30-1:00       | 1:00-1:45      | 1:45-2:30      | 2:30-3:00          | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | <b>P/U 9:30 AM</b><br><b>NC Museum of Natural Science</b><br><b>10:00am-12:00pm</b><br><b>Return to Site: 12:30 PM</b> |  |  | Lunch/ Down Time | Jedi Dodgeball | Computers      | Outburst Challenge | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX |  |  |  | Lunch/ Down Time | Computers      | Jedi Dodgeball | Outburst Challenge | Snack/ Terminal Station | Merge with ASX |

### Wednesday, November 16<sup>th</sup>:

|         |                |                 |                                 |                               |                  |                         |                         |           |                         |                |
|---------|----------------|-----------------|---------------------------------|-------------------------------|------------------|-------------------------|-------------------------|-----------|-------------------------|----------------|
|         | 7:00-9:00      | 9:00-10:00      | 10:00-11:00                     | 11:00-12:00                   | 12:00-1:00       | 1:00-1:45               | 1:45-2:30               | 2:30-3:00 | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | Snack/ Charades | Playground (Weather Permitting) | Food Experience: French Bread | Lunch/ Down Time | Fire and Ice Experiment | Human Battleship        | Mafia     | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Charades | Playground (Weather Permitting) | Food Experience: French Bread | Lunch/ Down Time | Human Battleship        | Fire and Ice Experiment | Mafia     | Snack/ Terminal Station | Merge with ASX |

### Thursday, November 17<sup>th</sup>: Please wear field trip shirt and socks.

|         |                |                     |                                 |   |  |                  |                     |                         |                |
|---------|----------------|---------------------|---------------------------------|---|--|------------------|---------------------|-------------------------|----------------|
|         | 7:00-9:00      | 9:00-10:00          | 10:00-11:00                     | 11:00-1:30  |  | 1:30-2:30        | 2:30-3:00           | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | Snack/ This or That | Playground (Weather Permitting) | <b>P/U 11:00 AM</b><br><b>Sky Zone (Raleigh)</b><br><b>11:30am-1:00pm</b><br><b>Return to Site: 1:30 PM</b> |  | Lunch/ Down Time | Imagination Station | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ This or That | Playground (Weather Permitting) |   |  | Lunch/ Down Time | Gladiator           | Snack/ Terminal Station | Merge with ASX |

### Friday, November 18<sup>th</sup>:

|         |                |                         |                                 |                  |                  |                               |                              |                              |                         |                |
|---------|----------------|-------------------------|---------------------------------|------------------|------------------|-------------------------------|------------------------------|------------------------------|-------------------------|----------------|
|         | 7:00-9:00      | 9:00-10:00              | 10:00-11:00                     | 11:00-12:00      | 12:00-1:00       | 1:00-2:00                     | 2:00-2:30                    | 2:30-3:00                    | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | Snack/ Find the Thimble | Playground (Weather Permitting) | French Etiquette | Lunch/ Down Time | Disney Scene It/ Magic Carpet | Art Project: Hot Air Balloon | French Supermarket           | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Find the Thimble | Playground (Weather Permitting) | French Etiquette | Lunch/ Down Time | Magic Carpet/ Disney Scene It | French Supermarket           | Art Project: Hot Air Balloon | Snack/ Terminal Station | Merge with ASX |

ARTS/CRAFTS    
  FOOD EXPERIENCE    
  DANCE / DRAMA / MOVEMENT    
  FIELD TRIP    
  CLINIC    
  SCIENCE / NATURE

# BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF November 21<sup>st</sup> – November 25<sup>th</sup>



### Monday, November 21<sup>st</sup>:

|         | 7:00-9:00      | 9:00-10:00       | 10:00-11:00                     | 11:00-12:00                 | 12:00-1:00       | 1:00-2:00                | 2:00-2:30                   | 2:30-3:00                   | 3:00-3:45               | 3:45-6:30      |
|---------|----------------|------------------|---------------------------------|-----------------------------|------------------|--------------------------|-----------------------------|-----------------------------|-------------------------|----------------|
| Group 1 | Merge with BSX | Snack/ Club Game | Playground (Weather Permitting) | Shelf Ball/ Rhyme or Relate | Lunch/ Down Time | Guard the Castle/Name 6  | Art Project: Laurel Wreaths | Ancient Greek Olympic Games | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Club Game | Playground (Weather Permitting) | Rhyme or Relate/ Shelf Ball | Lunch/ Down Time | Name 6/ Guard the Castle | Ancient Greek Olympic Games | Art Project: Laurel Wreaths | Snack/ Terminal Station | Merge with ASX |

### Tuesday, November 22<sup>nd</sup>: Please wear field trip shirt and comfortable shoes.

|         | 7:00-9:00      | 9:00-10:00           | 10:00-11:00          | 11:00-11:45         | 11:45 - 4:15   | 4:15-6:30      |
|---------|----------------|----------------------|----------------------|---------------------|--|----------------|
| Group 1 | Merge with BSX | Snack/ Alphabet Game | Imagination Stations | This or That/ Lunch | <b>P/U 11:45 AM</b><br><b>NC Museum of Life &amp; Science</b><br><b>12:30pm-3:30pm</b><br><b>Return to Site: 4:15 PM</b> | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Alphabet Game | Imagination Stations | This or That/ Lunch |  | Merge with ASX |

### Wednesday, November 23<sup>rd</sup>:

|         | 7:00-9:00      | 9:00-10:00          | 10:00-11:00                     | 11:00-12:00                     | 12:00-1:00       | 1:00-2:00                         | 2:00-2:30                | 2:30-3:00                | 3:00-3:45               | 3:45-6:30      |
|---------|----------------|---------------------|---------------------------------|---------------------------------|------------------|-----------------------------------|--------------------------|--------------------------|-------------------------|----------------|
| Group 1 | Merge with BSX | Snack/ Four Corners | Playground (Weather Permitting) | Science: Homemade Constellation | Lunch/ Down Time | Battalion/ Ghost in the Graveyard | Satellite                | Art project: Greek Vases | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Four Corners | Playground (Weather Permitting) | Science: Homemade Constellation | Lunch/ Down Time | Ghost in the Graveyard/ Battalion | Art Project: Greek Vases | Satellite                | Snack/ Terminal Station | Merge with ASX |

### Thursday, November 24<sup>th</sup>: Thanksgiving Break

City Holiday  
Programs Closed

### Friday, November 25<sup>th</sup>: Thanksgiving Break

City Holiday  
Programs Closed

# BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF November 28<sup>th</sup> – December 2<sup>nd</sup>



### Monday, November 28<sup>th</sup>:

|         |                |                 |                                 |                |                  |                            |                            |             |                         |                |
|---------|----------------|-----------------|---------------------------------|----------------|------------------|----------------------------|----------------------------|-------------|-------------------------|----------------|
|         | 7:00-9:00      | 9:00-10:00      | 10:00-11:00                     | 11:00-12:00    | 12:00-1:00       | 1:00-1:45                  | 1:45-2:30                  | 2:30-3:00   | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | Snack/ Barnyard | Playground (Weather Permitting) | Kid's Jeopardy | Lunch/ Down Time | Art Project: Viking Shield | Jedi Dodgeball             | Color Races | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Barnyard | Playground (Weather permitting) | Kid's Jeopardy | Lunch/ Down Time | Jedi Dodgeball             | Art Project: Viking Shield | Color Races | Snack/ Terminal Station | Merge with ASX |

### Tuesday, November 29<sup>th</sup>: Please wear Field trip shirt and wear socks!

|         |                      |   |  |  |                  |                     |                     |                     |                         |                |
|---------|----------------------|---|--|--|------------------|---------------------|---------------------|---------------------|-------------------------|----------------|
|         | 7:00-9:00            | 9:00-11:30<br><b>P/U 9:00 AM</b><br><b>Pump It Up</b><br><b>9:30am-11:00am</b><br><b>Return to Site: 11:30 AM</b> |  |  | 11:30-1:00       | 1:00-2:00           | 2:00-2:30           | 2:30-3:00           | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX/Snack |   |  |  | Lunch/ Down Time | Field (Choice Play) | Imagination Station | Gladiator           | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX/Snack |   |  |  | Lunch/ Down Time | Field (Choice Play) | Gladiator           | Imagination Station | Snack/ Terminal Station | Merge with ASX |

### Wednesday, November 30<sup>th</sup>: Children have the opportunity to dress in costume this day and participate in fun fall activities. Please inform staff of any food allergies.

|         |                |   |  |  |                  |   |  |  |  |                |
|---------|----------------|---|--|--|------------------|---|--|--|--|----------------|
|         | 7:00-9:00      | 9:00-12:00<br><b>Fall Carnival Fashion Show</b> |  |  | 12:00-1:00       | 1:00-3:45<br><b>Fall Carnival</b><br>(Games, Sweet treats, and more)<br><i>*children may dress in costumes if they wish, but costumes are not required*</i> |  |  |  | 3:45-6:30      |
| Group 1 | Merge with BSX |   |  |  | Lunch/ Down Time |   |  |  |  | Merge with ASX |
| Group 2 | Merge with BSX |   |  |  | Lunch/ Down Time |   |  |  |  | Merge with ASX |

### Thursday, December 1<sup>st</sup>: Please bring swimsuit and towel. Field trip shirt is optional.

|         |                |             |                                 |                                   |                  |                  |  |  |  |                |
|---------|----------------|-------------|---------------------------------|-----------------------------------|------------------|------------------|--|--|--|----------------|
|         | 7:00-9:00      | 9:00-10:00  | 10:00-11:00                     | 11:00-12:00                       | 12:00-1:00       | 1:00-1:55        | 1:55-4:50<br><b>P/U 1:55 PM</b><br><b>Buffaloe Road Aquatic Center</b><br><b>2:25pm-4:10pm</b><br><b>Return to Site: 4:50 PM</b> |  |  | 4:50-6:30      |
| Group 1 | Merge with BSX | Snack/ Melt | Playground (Weather Permitting) | Protect the President/ Eyewitness | Lunch/ Down Time | Dutch Folk Dance |  |  |  | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Melt | Playground (Weather Permitting) | Eyewitness/ Protect the President | Lunch/ Down Time | Dutch Folk Dance |  |  |  | Merge with ASX |

### Friday, December 2<sup>nd</sup>:

|         |                |                    |                                 |             |                  |                             |                             |                   |                         |                |
|---------|----------------|--------------------|---------------------------------|-------------|------------------|-----------------------------|-----------------------------|-------------------|-------------------------|----------------|
|         | 7:00-9:30      | 9:30-10:30         | 10:30-11:30                     | 11:30-12:00 | 12:00-1:00       | 1:00-1:45                   | 1:45-2:30                   | 2:30-3:00         | 3:00-3:45               | 3:45-6:30      |
| Group 1 | Merge with BSX | Snack/ Electricity | Playground (Weather Permitting) | Limbo       | Lunch/ Down Time | Art Project: Dutch Windmill | Computers                   | Fox and Squirrels | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Electricity | Playground (Weather Permitting) | Limbo       | Lunch/ Down Time | Computers                   | Art Project: Dutch Windmill | Fox and Squirrels | Snack/ Terminal Station | Merge with ASX |

ARTS/CRAFTS    
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  CLINIC    
  SCIENCE / NATURE

# Brier Creek Track Out

## Track 2 - Week 1



## Field Trip Information!

### Natural Science Museum

11 West Jones Street, Raleigh, NC 27601  
919-870-7947

Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

### Sky Zone

2101 Westinghouse Boulevard, Raleigh, NC 27604  
919-948-4450

Participants will get to experience weightless bouncing at one of Raleigh's indoor trampoline facilities. Children will have unlimited access to all jumping areas. **This trip will require an ONLINE waiver to be completed by each child's parent/guardian.**

### \*Other Important Information\*

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

## Reminders

### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Complete online field trip waiver

\*Remember Green & White Key Tag and/or Photo ID when picking-up participants\*

# Brier Creek Track Out

## Track 2 - Week 2



### Field Trip Information!

#### Museum of Life & Science

433 West Murray Street, Durham, NC 27704

919-220-5429

At the Museum of Life and Science, campers will experience an adventure while exploring the Museum, the largest Butterfly House on the East Coast and over 60 species of animals!

#### *\*Other Important Information\**

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

**Friendsgiving:** We will be celebrating the fall season by throwing a Friendsgiving. Children will be able to participate in festive games & crafts. Please see Staff if your child has any allergies as we will be enjoying tasty treats during the Friendsgiving.

### Reminders

#### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

#### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

**\*Remember Green & White Key Tag and/or Photo ID when picking-up participants\***

# Brier Creek Track Out

## Track 2 - Week 3



## Field Trip Information!

### Pump It Up

10700 Suite 112, World Trade Boulevard, Raleigh, NC 27617  
919-828-3344

Campers will have unlimited access to the many inflatables at Pump It Up. Please wear socks! **This trip will require a waiver to be signed by each child's parent/guardian.**

### Buffaloe Road Aquatic Center

5908 Buffaloe Road, Raleigh, NC 27616  
919-996-5600

Participants will get to experience a water slide, lazy river, water vortex, play areas and more at one of Raleigh's most unique Aquatics facility! Please pack a bathing suit and towel. Children are permitted to wear flip-flops to and from the pool ONLY. A swimming test will be administered for EVERY participant. If a child does not take the swim test or does not pass the test, they will be required to wear a lifejacket. All participants will be required to wear a **BLUE** wristband to identify them to their site. Participants who pass the swim test will also be required to wear a **GREEN** wristband (**GREEN=GO**) in addition to the **BLUE** wristband.

### \*Other Important Information\*

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

**Food Experience**—Please make staff aware of any allergies. This is not to replace the children's lunches or snacks. Please still pack their regular lunch and snacks for the day as some kids may not like what they make.

## Reminders

### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign field trip waiver

**\*Remember Green & White Key Tag and/or Photo ID when picking-up participants\***