



Monday, December 30<sup>th</sup>

# SCHOOL HOLIDAY (TRACK OUT PROGRAM CLOSED)

Tuesday, December 31<sup>st</sup>

# SCHOOL HOLIDAY (TRACK OUT PROGRAM CLOSED)

Wednesday, January 1<sup>st</sup>

# SCHOOL HOLIDAY (TRACK OUT PROGRAM CLOSED)

## Thursday, January 2<sup>nd</sup>: Welcome to '2020 Vision' Week!

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	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
nkys –2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Count Down Catch	10 Years Challenge	Lunch & Downtime	Orbeez Stress Balls	Toss 20	Art Project: Vision Board	2020 fitness	Bead Time	Merge with ASX
zoos <sup>i</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	10 Years Challenge	Count Down Catch	Lunch & Downtime	Toss 20	Orbeez Stress Balls	2020 fitness	Art Project: Vision Board	Bead Time	Merge with ASX

## Friday, January 3<sup>rd</sup>:

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	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Trashion Show	Beat the Clock	Lunch & Downtime	Art Project:		Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Beat the Clock	Trashion Show	Lunch & Downtime	Confetti Poppers	2020 NEW YEARS PARTY	Bead Time	Merge with ASX
	ARTS/CRAF	TS	FOOD EXPE	RIENCE	DANO	CE / DRAMA / M	OVEMENT	FIEL	.D TRIP CLINIC	SCIENCE	/ NATURE



# BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF January 6<sup>th</sup> – January 10<sup>th</sup>, 2020



## Monday, January 6<sup>th</sup>: Welcome to 'Blast from the Past' Week!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Hungry Hippos	Clinic: Big Looms	Lunch & Down Time	Phase 10 Relay	Art Project: Peace Sign Plates	Retro Board Games	Drive-In Relay	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Clinic: Big Looms	Hungry Hippos	Lunch & Down Time	Art Project: Peace Sign Plates	Phase 10 Relay	Drive-In Relay	Retro Board Games	Bead Time	Merge with ASX

## Tuesday, January 7<sup>th</sup>: Please wear your blue field trip shirt!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-1:00	1:00-4:00	4:00-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Connect 4 Relay	Decades Team Trivia	Lunch & Down Time	P/U: 1:00PM Marbles Museum	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Decades Team Trivia	Connect 4 Relay	Lunch & Down Time	1:30PM-3:30PM Return to Site: 4:00PM	Merge with ASX

#### Wednesday, January 8<sup>th</sup>:

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	STEM: Lego Car Derby	Art Project: Disco Balls	Lunch & Down Time	Pac-Man Tag	Cheer Practice	Art Project: Tie Dye	Frogger Dodgeball	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Art Project: Disco Balls	STEM: Lego Car Derby	Lunch & Down Time	Cheer Practice	Pac-Man Tag	Frogger Dodgeball	Art Project: Tie Dye	Bead Time	Merge with ASX

## Thursday, January 9th: Please wear your blue field trip shirt!

	7:00-9:00	9:00-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	P/U: 9:00AM Six Forks Station Cinema	Lunch & Down Time	Guess Who?	Glow in the Dark Dance Party	Choices: '80s Aerobics,	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	9:30AM-11:30AM Return to Site: 12:00PM	Lunch & Down Time	Glow in the Dark Dance Party	Guess Who?	Uno Tournament, Clothespin Pac Man	Bead Time	Merge with ASX

## Friday, January 10<sup>th</sup>: Wear your best "Blast from the Past" attire!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Dance: Music Match	Bowling Pin Knock-Down	Lunch & Down Time	Blast from the Past!	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Bowling Pin Knock-Down	Dance: Music Match	Lunch & Down Time	Diast from the Past	Bead Time	Merge with ASX





FIELD TRIP



SCIENCE / NATURE



# BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF January 13<sup>th</sup>- January 17<sup>th</sup>, 2020



## Monday, January 13th: Welcome to 'Totally Tech' Week!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Music: Make your own Song	Slither-I-O	Lunch & Down Time	Art Project: Make your own Minecraft	Food Experience: Skittle Pac-Man	Mario Cart Race	Science: Lego Maze Computer Coding	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Slither-I-O	Music: Make your own Song	Lunch & Down Time	Food Experience: Skittle Pac-Man	Art Project: Make your own Minecraft	Science: Lego Maze Computer Coding	Mario Cart Race	Bead Time	Merge with ASX

#### Tuesday, January 14<sup>th</sup>: Please wear your Blue Field Trip shirt!

	7:00-9:00	9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:00	11:00-11:30	11:30-12:30	12:30-1:00	1:00-1:30	1:30-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Slink (K–2		Snack	Build your own Computer	Pair	nt Your Pot (1	0:00AM 0:30AM-12:00 ite: 12:30PM	PM)	Lunch & Down Time	Temple Run	Art Project: Computer Paint	Group Cheer Practice	Assembly	Bead Time	Merge with ASX
Kazo (3 <sup>rd</sup> –		Snack		d (Weather hitted)	· · · · · · · · · · · · · · · · · · ·		Pa	int Your Pot (1	:30AM 12:00PM-1:30F Site: 2:00PM	PM)	Group Cheer Practice	Assembly	Bead Time	Merge with ASX

## Wednesday, January 15th: Please wear your Blue Field Trip Shirt!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-2:00	2:00-5:00	5:00-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Come to Life Video Game	Video Game Flip Books	Lunch & Down Time	Video Game Charades	Mario Cart Coin Runners	P/U 2:00PM NC Museum of Natural Science	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Video Game Flip Books	Come to Life Video Game	Lunch & Down Time	Mario Cart Coin Runners	Art Project: Computer Paint	2:30PM-4:30PM Return to Site: 5:00PM	Merge with ASX

## Thursday, January 16<sup>th</sup>:

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Computer Lab Challenges	Mario Cart Balloon Battle	Lunch & Down Time	Angry Bird Dodgeball	Art Project: Make your own Case	Clinic: Dot & Dash/ Remote Cars	Video Game Tournament	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Mario Cart Balloon Battle	Computer Lab Challenges	Lunch & Down Time	Art Project: Make your own Case	Angry Bird Dodgeball	Video Game Tournament	Clinic: Dot & Dash/ Remote Cars	Bead Time	Merge with ASX

# Friday, January 17<sup>th</sup>: Wear your best 'Totally Tech' Outfit!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-12:00	12:00-12:45	12:45-1:15	1:15-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	<b>Choices:</b> Computer Lab, Make your own	Lunch & Down Time	Nintendo	VIDEO GAME PALOOZA!	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Screensavers, Game Controllers, Space Invaders	Lunch & Down Time	Bingo	VIDEO GAME PALOOZA!	Bead Time	Merge with ASX

ARTS/CRAFTS

DANCE / DRAMA / MOVEMENT

FIELD TRIP



SCIENCE / NATURE





#### Monday, January 20<sup>th</sup>:

# HOLIDAY (TRACK OUT PROGRAM CLOSED)

# Tuesday, January 21<sup>st</sup>: Welcome to 'DIGGIN FOR DINOS' Week!

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	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45	1:45-2:30	2:30-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Banner Design	Dino Skiing	Lunch & Downtime	Food Experience: Egg Treats	Egg, Crab, Chicken, Dino	Art Project: Feed the Shark	Gator Island	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Dino Skiing	Banner Design	Lunch & Downtime	Egg, Crab, Chicken, Dino	Food Experience: Egg Treats	Gator Island	Art Project: Feed the shark	Bead Time	Merge with ASX

## Wednesday, January 22<sup>nd</sup>: Please wear your blue field trip t-shirt!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:30	1:30-4:30	3:45-6:30	
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Puzzle Dig	Cheer Practice	Lunch & Downtime	STEM: How Big?	P/U from site: 1:30PM Galaxy Fun Park	Merge with ASX	
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Cheer Practice	Puzzle Dig	Lunch & Downtime	STEM: How Big?	2:00PM-4:00PM Return to site: 4:30PM	Merge with ASX	

## Thursday, January 23<sup>rd</sup>:

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-12:00	12:00-12:45	12:45-1:30	1:30-3:15	3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	STEM: Volcanoes	Lunch & Downtime	Q-tip Skeletons	<b>Choices:</b> Salt Dough Bones & Fossils,	Bead Time	Merge with ASX
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	STEM: Volcanoes	Lunch & Downtime	Q-tip Skeletons	Prehistoric Playtime, T-Rex Prowl	Bead Time	Merge with ASX

## Friday, January 24<sup>th</sup>: Wear your best prehistoric or paleontologist outfits!

	7:00-9:00	9:00-9:30	9:30-10:30	10:30-11:00	11:00-11:30	11:30-12:00	12:00-12:45	12:45-1:15	1:15-1:45		1:45-3:15		3:15-3:45	3:45-6:30
Slinkys (K–2 <sup>nd</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Waspital Tag	Lunch & Downtime	Popsicle Alligator	Egg Treasure	Prehistoric Hunt		Bead Time	Merge with ASX		
Kazoos (3 <sup>rd</sup> –5 <sup>th</sup> )	Merge with BSX	Snack	Playground (Weather Permitted)	Assembly	Art Project: Designing Dinos	Waspital Tag	Lunch & Downtime	Egg Treasure	Popsicle Alligator			n	Bead Time	Merge with ASX
	ARTS/CRAFTS FOOD EXPERIENCE			DANG	CE / DRAMA / M	OVEMENT	FIEL	.D TRIP		CLINIC		SCIENCE	/ NATURE	



# **Field Trip Information!**

No field trips this week!

\*Other Important Information\*

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.



Brier Creek Track Out X-Press 919-420-2340 Manager: Carley Dixon

# Reminders

# **Bring daily**

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

# **Field Trips**

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign waiver for Pump It Up

\*Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants\*





# **Field Trip Information!**

#### **Marbles Museum**

201 E Hargett Street, Raleigh, NC 27601 919-834-4040 Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play!

#### **Six Forks Station Cinemas**

9500 Forum Drive, Raleigh, NC 27615 919-846-3904 Participants will get to enjoy a trip to the movies complete with popcorn & drink as they view a children's movie on the big screen!

#### \*Other Important Information\*

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.



Brier Creek Track Out X-Press 919-420-2340 Manager: Carley Dixon

# Reminders

# **Bring daily**

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

# **Field Trips**

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants\*





# **Field Trip Information!**

#### **Paint Your Pot**

2755 NC Hwy 55, Cary, NC 27519 919-363-9333 At Paint Your Pot, campers will have the opportunity to design & paint their very own piece of pottery! Remember to wear appropriate clothes for painting! Pieces will be available to take

#### **NC Museum of Natural Science**

home at the end of the week!

11 W Jones Street, Raleigh, NC 27601 919-870-7947 Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

\*Other Important Information\* We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.



Brier Creek Track Out X-Press 919-420-2340 Manager: Carley Dixon

# Reminders

# **Bring daily**

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

# **Field Trips**

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants\*





# **Field Trip Information!**

#### Galaxy Fun Park

14460 Falls of Neuse Road, Raleigh, NC 27614 919-584-4000

Galaxy Fun Park is an indoor facility filled with tons of exciting activities for kids of all ages! Campers will have unlimited play time on the trampolines, Laser Tag & soft play areas!

# Reminders

# **Bring daily**

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

# **Field Trips**

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign waiver for Galaxy Fun Park

\*Remember your newly issued PINK & WHITE key tag and/or Photo ID when picking-up participants\*

\*Other Important Information\* We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.



Brier Creek Track Out X-Press 919-420-2340 Manager: Carley Dixon

