

OCTOBER 2018



Raleigh Police Department Community Newsletter

This newsletter is produced by the Public Affairs Unit of the Raleigh Police Department. It provides Raleigh citizens with crime prevention tips, seasonal information, and upcoming RPD community activities.

This RPD Community Newsletter features tips to keep you safe during the fall. Please share this information with family, friends, and neighbors.

BE SAFE THIS HALLOWEEN

Halloween has been celebrated on October 31st in the United States since the early 1800's and is traditionally a family-oriented holiday when children get to dress up and enjoy candy and other treats. In order to assist the Raleigh community in enjoying this fun-filled holiday as safely as possible, the Raleigh Police Department has compiled the following Halloween safety tips for children and their parents.

- Set a specific time limit to be out trick-or-treating.
 - Don't leave your home unattended on Halloween night.
 - Keep pets inside your home, or other safe places.
 - Children should never enter into strangers' homes.
 - Never invite children into your home.
 - Don't take shortcuts through backyards or alleys.
 - A responsible adult should escort children while trick-or-treating.
 - Adults should carry flashlights.
 - Instruct children not to stray from their group.
 - Ensure that costumes and/or candy containers are reflective.
 - Children should walk during their trick-or-treat activities.
 - Parents should know what route their children will be taking.
 - All costumes should be made of light-colored, fireproof material.
 - Children should wear proper fitting, comfortable costumes and shoes.
 - Props such as toy guns or swords should be made of pliable material.
 - Realistic replica firearms should never be used.
 - Masks should not be worn if they impair vision.
 - Wigs should be fireproof and should not restrict vision.
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- Children should use sidewalks, not the street, for walking and look in all directions before crossing the street.
 - Motorists should drive slowly, yield to young pedestrians, and watch out for Trick-or-Treaters darting into the street.
 - Parents should examine treats before children eat them.

Please call 911 if you have experienced a crime or if you want to report any suspicious activity.

GET IN YOUR APPLICATION TO ATTEND THE MENTAL HEALTH FIRST AID CLASSES TO BE HELD IN RALEIGH THIS WINTER AND SPRING

Beginning November 5, RPD will be accepting applications for Mental Health First Aid classes, which will be offered in partnership with Alliance Behavioral Healthcare.

The Mental Health First Aid class will give attendees insight and skills to identify, understand, and respond to signs of mental illness and addiction. This is the same 8-hour class taken by all members of the Raleigh Police Department, sworn and civilian employees, who may have to assist persons with mental illness or developmental disabilities. The class will also provide an excellent opportunity for participants to gain a better understanding of the philosophy, policies, and guiding principles that govern police response to persons affected by mental illness.

Sessions will be held each month from December to May. Citizens who enroll will learn the risk factors and warning signs of mental illness; information on depression, anxiety, trauma, psychosis, and addiction disorders; tips for developing an action plan to help someone in crisis; and how to access resources in our community. Each session will also feature discussion and exercises, and allow attendees an opportunity to practice learned skills.

Dates for the winter sessions are:

- Wednesday, December 5, 8 a.m. - 5 p.m.
- Saturday, January 26, 8 a.m. - 5 p.m.
- Wednesday, February 13, 8 a.m. - 5 p.m.

Dates for the spring sessions are:

- Tuesday and Wednesday, April 9 and 10, 4 p.m. - 8 p.m. (2-day session)
- Tuesday, May 7, 8:00 a.m. - 5:00 p.m.

Applications will be accepted for the winter sessions beginning November 5 and will close on November 26 at 5 p.m. Enrollment is limited to individuals who are at least 18 years of age and who live or are employed in the city of Raleigh. There is no fee to attend; however, the Department requests that applicants be committed to participating for its duration.

For more information, including an on-line application, search "Mental Health First Aid Class" at raleighnc.gov, email rpdmh-faclass@raleighnc.gov, or call 919-996-1586.



Unused and Expired Medicine Drop-Off Event

Saturday, October 27, 2018
10 a.m. - 2 p.m.



Safely dispose of your unneeded or expired prescription and over-the-counter medications at these local pharmacies. This is a free service and no questions will be asked.

- Wellness Pharmacy and Compounding Center at 2601 Blue Ridge Road (across from Rex Hospital).
- Josef's Pharmacy at 2100 New Bern Avenue (South Raleigh)
- Falls River Pharmacy at 10930 Raven Ridge Road (North Raleigh)
- Hayes-Barton Pharmacy at 2000 Fairview Road (Five Points)

Four North Carolinians die every day from unintentional prescription medication overdose. Secure the medications you need. Dispose of the rest.